

# Transition Resources – High School to Adulthood

## POST-SECONDARY EDUCATION

<p><b>UNC Carolina Institute for Developmental Disabilities</b> (919) 966-5171 <a href="http://www.cidd.unc.edu/psea/">http://www.cidd.unc.edu/psea/</a> *Site provides additional information regarding community college and university options</p>	<p><b>Cleveland Community College</b> (<i>ConneXions</i>) (704) 476-8330 <a href="http://www.clevelandcc.edu">www.clevelandcc.edu</a></p>	<p><b>Randolph Community College</b> (<i>Career College</i>) (336) 633-0200 <a href="http://www.randolph.edu">www.randolph.edu</a></p>
<p><b>Rowan Cabarrus Community College</b> <a href="http://www.rccc.edu/precollege">www.rccc.edu/precollege</a> (<i>Compensatory Education</i>) (704) 216-3508 <a href="http://www.rccc.edu/precollege/about-the-compensatory-education-program/">www.rccc.edu/precollege/about-the-compensatory-education-program/</a> *To be eligible to participate, individuals must be 17 or older, not enrolled in the public school system and be diagnosed with an intellectual disability.</p>	<p><b>Alamance Community College</b> (<i>Career College</i>) (336) 506-4130 <a href="http://www.alamancecc.edu">www.alamancecc.edu</a></p> <p><b>Stanly Community College</b> (<i>CIRCLES Program</i>) (704) 991-0219 <a href="http://www.stanly.edu">www.stanly.edu</a></p>	<p><b>Central Piedmont Community College</b> (<i>Community Transitions and Project SEARCH</i>) (704) 330-2722 <a href="http://www.cpcc.edu/ccr/foundational/comped/projectsearch">www.cpcc.edu/ccr/foundational/comped/projectsearch</a> *Individuals must be 17 years of age to apply. Documentation of intellectual disability or traumatic brain injury diagnosis.</p>
<p><b>UNC-Greensboro (<i>Beyond Academics</i>)</b> (336) 288-8115 <a href="http://www.beyondacademics.uncg.edu">www.beyondacademics.uncg.edu</a></p>	<p><b>Appalachian State University</b> (<i>Scholars with Diverse Abilities Program</i>) (828) 262-8216 <a href="http://www.sdap.appstate.edu">www.sdap.appstate.edu</a> *Applicants must be 18-22 years of age and be diagnosed with an intellectual disability. Individuals must also be enrolled in or graduated from occupational course of study or similar program not leading to a typical high school diploma.</p>	<p><b>Western Carolina University</b> (<i>University Participant Program</i>) (828) 227 – 3297 <a href="http://www.wcu.edu/academics/departments-schools-colleges/CEAP/ceap-depts/stl/special-education-programs/university-participant-up-program/index.asp">www.wcu.edu/academics/departments-schools-colleges/CEAP/ceap-depts/stl/special-education-programs/university-participant-up-program/index.asp</a> *Individuals must be between the ages of 18-25 to apply. A special education program that does not lead to typical high school diploma must be completed.</p>

## EMPLOYMENT

<p><b>Vocational Rehabilitation</b> (828) 322-2921 <a href="http://www.ncdhhs.gov/dvrs/">www.ncdhhs.gov/dvrs/</a> For individuals who have an intellectual, physical, or psychiatric disability that affects ability to find or keep a job. Individuals receiving SSDI or SSI who intend to find or keep a job are also eligible.</p>	<p><b>Watauga Opportunities</b> (828) 264-5009 <a href="http://woiworks.org/">http://woiworks.org/</a> Watauga Opportunities, Inc. will enable self-reliance and enhance independence through the provision of vocational, residential, and community opportunities to individuals with barriers to employment and community involvement.</p>	
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## COMMUNITY LIVING

<p><b>Assistive Technology:</b> NC Assistive Technology Program (919) 850-2787 <a href="http://www.ncatp.org/index.htm">www.ncatp.org/index.htm</a></p>	<p><b>Financial Resources:</b> Watauga County DSS (828) 265-8100 / Fax: (828) 265-7638 <a href="http://www.wataugacounty.org/main/App_Pages/Dept/SocialServices/home.aspx">http://www.wataugacounty.org/main/App_Pages/Dept/SocialServices/home.aspx</a></p> <p>Food and Nutrition Services: Annette Sluder</p> <p>Adult Medicaid Supervisor: Melissa McCurry</p>	<p><b>Transportation:</b> Appalcart (828) 297-1300/Fax: (828) 297- 4100 <a href="http://www.cabarruscounty.us/government/departments/transportation/transportation-services/Pages/default.aspx">http://www.cabarruscounty.us/government/departments/transportation/transportation-services/Pages/default.aspx</a></p>
<p>Social Security (SSI) (888) 366-6149 <a href="http://www.ssa.gov">www.ssa.gov</a></p>		

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## Residential Services/ Group Homes

<p><b>Deerfield Ridge Assisted Living</b>  <b>(828) 264-0336</b>  <a href="http://ridgecare.com">ridgecare.com</a></p> <p>287 Bamboo Rd          Boone, NC</p>	<p><b>High Country Council of Governments</b>  <b>(828) 265-5434</b>  <a href="http://www.regiond.org/">http://www.regiond.org/</a></p>	<p><b>Glenbridge Health &amp; Rehabilitation</b>  <b>(828) 264-6720</b>  <a href="http://glenbridge.org/">glenbridge.org/</a></p>
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## Support/Advocacy

<p><b>Disability Rights and Resources</b>  <b>(877) 235-4210</b>  <a href="http://www.disability-rights.org">www.disability-rights.org</a></p> <p>Disability Rights North Carolina is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across North Carolina. As the state's federally mandated protection and advocacy system, Disability Rights North Carolina is charged with protecting the rights of children and adults with disabilities living in North Carolina.</p>	<p><b>Parent to Parent Family Support Network/High Country</b>  <b>(828) 262-6089</b>  <a href="http://www.parent2parent.appstate.edu">www.parent2parent.appstate.edu</a></p> <p>Parent to Parent Family Support Network™ - High Country provides free support, caring connections, information and hope to families who have a premature baby, a child with a disability, an emotional or behavioral challenge, a mental illness, a chronic health condition or to families who are grieving the death of a child.</p> <p>We provide information to help families see the possibilities for their children, and tools so that they can turn that potential into reality.</p>	<p><b>Exceptional Children's Assistance Center</b>  <b>(704) 892-1321</b>  <a href="http://www.ecac-parentcenter.org">www.ecac-parentcenter.org</a></p> <p>ECAC is a private non-profit organization that is operated by and staffed primarily with parents of children with disabilities and special health care needs. We have an extremely diverse staff and strive to bring multiple perspectives to our work. Our information reflects our commitment to ALL parents and ALL children and collaboration intended to improve the education and lives of our children.</p>
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## Behavioral Health

<p><b>Youth Villages/Transitional Living Program</b>  <b>(828)268-7200</b>  <b>Fax: (828) 268-7201</b>  <a href="http://www.youthvillages.org">www.youthvillages.org</a></p>	<p><b>Daymark</b> (starting at age 4)  <b>(828) 264-8759</b>          After Hours (Crisis Line): <b>(828) 264-4357</b>  <a href="http://www.daymarkrecovery.org">www.daymarkrecovery.org</a></p>	<p><b>RHA Health Services, Inc.</b>  <b>(828) 262-3537</b>  <a href="http://www.rhahealthservices.org">www.rhahealthservices.org</a></p>
<p><b>AMI Kids</b>  <b>(336) 631-4778</b>  <b>Fax: (336) 245-8114</b>  <a href="http://amikids.org">http://amikids.org</a></p> <p>AMIkids is a nationally-recognized non-profit organization providing our communities' kids an opportunity to transform into responsible young adults. AMIkids offers a promising future to more than 7,000 kids each year through positive and motivating programs that inspire learning, leadership and personal growth.</p>		

## Recreation

<p><b>Special Olympics of Watauga County</b>  <b>(828)264-9511 (W)</b>  <b>(828)264-9523 (Fax)</b>  <b>(828)262-5476(H)</b>  <a href="mailto:keron.poteat@watgov.org">keron.poteat@watgov.org</a></p>	<p><b>ABLE Recreation</b>  <b>(828)964-9299</b>  <a href="http://www.ablerecreation.com">www.ablerecreation.com</a></p>	<p><b>Camp Sky Ranch</b>  <b>828-264-8600</b>  <a href="http://campskyranchevents.com/">http://campskyranchevents.com/</a></p>
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## Guardianship

**NC Guardianship Association**  
**(919) 266-9204**  
[www.nc-guardian.org](http://www.nc-guardian.org)

**Watauga County Clerk of Court**  
**Diane Deal**  
**(828) 268-6600**  
[diane.c.deal@nccourts.org](mailto:diane.c.deal@nccourts.org)