



Residential Facilities in North Carolina

What is the difference between a group home and an adult care home? Is assisted living the same as a nursing home?

Understanding the types of facilities in North Carolina can be tough! This fact sheet gives a brief overview of the most common types of residential facilities, and who you can contact for more information about each.

Psychiatric Hospital or Unit

What does this service look like?	This is a 24-hour, inpatient service in a hospital setting. The goal is to stabilize symptoms so the patient can return to the community.
Who can be served here?	Adolescents <u>or</u> adults who have acute psychiatric disabilities <u>or</u> substance abuse disorders.
Who can I call for more information or with concerns?	<ul style="list-style-type: none"> - Hospital's Internal Advocate (if there is one) - Division of Health Service Regulation (DHSR): 1-800-624-3004 - The Joint Commission: 1-800-994-6610 - Your county's Division of Social Services: http://www.dhhs.state.nc.us/dss/local/

Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID)

What does this service look like?	This is a 24-hour residential setting. The goal is to provide a protected setting for on-going evaluation, planning and supervision to support an individual's highest possible level of functioning.
Who can be served here?	Children, adolescents or adults who have an intellectual disability.
Who can I call for more information or with concerns?	- ICF/IID's Internal Advocate (if there is one) - Division of Health Service Regulation (DHSR): 1-800-624-3004 - Your county's Division of Social Services (DSS): http://www.dhhs.state.nc.us/dss/local/

Psychiatric Residential Treatment Facility (PRTF)

What does this service look like?	This is a 24-hour, inpatient service to provide a structured environment, supervision and specialized interventions.
Who can be served here?	Children or adolescents with psychiatric disabilities <u>or</u> substance abuse disorders.
Who can I call for more information or with concerns?	- DHSR: 1-800-624-3004 - The Joint Commission (some PRTFs): 1-800-994-6610 - Commission on Accreditation of Rehabilitation Facilities (some PRTFs): 1-888-281-6531 - DSS: http://www.dhhs.state.nc.us/dss/local/

Group homes

We use the term “group homes” to refer to a variety of facilities. These include:

Level III Residential Treatment

What does this service look like?	This is a 24-hour residential setting that provides a structured living environment and intensive, active therapeutic treatment. It is “staff secure,” which means staff is awake during the residents’ sleep hours. The facility is limited to 12 residents.
Who can be served here?	Children and adolescents who have primary diagnoses of psychiatric disabilities <u>or</u> emotional disturbances <u>or</u> substance abuse disorders.
Who can I call for more information or with concerns?	- DHSR: 1-800-624-3004 - DSS: http://www.dhhs.state.nc.us/dss/local/

Intensive Residential Treatment

What does this service look like?	This is a 24-hour residential setting that provides a structured living environment for individuals who need more intensive treatment and supervision than a Level III facility. This is a locked setting. The facility is limited to 12 residents.
Who can be served here?	Children or adolescents who have primary diagnoses of psychiatric disabilities <u>or</u> severe emotional and behavior disorders <u>or</u> substance abuse disorder.
Who can I call for more information or with concerns?	- DHSR: 1-800-624-3004 - DSS: http://www.dhhs.state.nc.us/dss/local/

Supervised Living

What does this service look like?	This is a 24-hour residential setting that provides care and services to individuals with a variety of disabilities who require supervision when in their residence. Each facility can have up to 6 residents in the same age group and with the same types of disabilities.
Who can be served here?	<ul style="list-style-type: none"> - Adults with psychiatric disabilities; <u>or</u> - Children or adolescents with developmental disabilities; <u>or</u> - Adult with developmental disabilities; <u>or</u> - Children or adolescents with substance abuse disorders; <u>or</u> - Adults with substance abuse disorders
Who can I call for more information or with concerns?	<ul style="list-style-type: none"> - DHSR: 1-800-624-3004 - DSS: http://www.dhhs.state.nc.us/dss/local/

Alternative Family Living (AFL)

What does this service look like?	This is a residential setting where 1-3 individuals with disabilities live with a family in the family home. The family provides services to the individuals.
Who can be served here?	Adults with psychiatric disabilities, <u>or</u> adults with developmental disabilities, <u>or</u> children or adolescents with developmental disabilities.
Who can I call for more information or with concerns?	<ul style="list-style-type: none"> - DHSR (if the facility is licensed): 1-800-624-3004 - Your Managed Care Organization (MCO) (if the facility is unlicensed): http://www.ncdhhs.gov/mhddsas/lmeonblue.htm - DSS: http://www.dhhs.state.nc.us/dss/local/

Nursing Homes

What does this service look like?	This is a residential setting for people who need medical or nursing care, but do not require hospitalization.
Who can be served here?	Designed for adults, but sometimes serve children or adolescents.
Who can I call for more information or with concerns?	- Home's Internal Advocate (if there is one) - DHSR: 1-800-624-3004 - Long-Term Care Ombudsman: http://www.ncdhhs.gov/aging/ombud/ombstaff.htm - DSS: http://www.dhhs.state.nc.us/dss/local/

Adult Care Home or Family Care Home

What does this service look like?	This is an assisted living residence where facility management provides scheduled and unscheduled personal care services. A facility with 2-6 adults is called a Family Care Home. A facility with more than 6 adults is called an Adult Care Home. Some facilities specialize in care for people with dementia.
Who can be served here?	Adults who, because of a temporary or chronic disability, need a substitute home. It is <u>not</u> for the treatment of psychiatric disabilities or substance abuse disorders, or who need nursing care under continuous medical supervision.
Who can I call for more information or with concerns?	- DHSR: 1-800-624-3004 - Long-Term Care Ombudsman: http://www.ncdhhs.gov/aging/ombud/ombstaff.htm - DSS: http://www.dhhs.state.nc.us/dss/local/

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