Adult Disability Starter Kit

Social Security

Checklist - Adult Disability Interview

We encourage you to begin the application process online.
Visit **www.socialsecurity.gov/applyfordisability** to get started!

Use this **Checklist** to get ready for your appointment or when filing online. We need your personal and income information to complete the interview to determine if you are eligible for disability benefits. Keep your appointment even if you do not have all of the information. We will help you get any missing information.

Check off the applicable items below as you get them together for your interview.

☐   **Medical records already in your possession.** (We will help you get the rest of your medical records. Please bring whatever medical records you have to the interview).

☐   Workers' compensation information, including the settlement agreement, date of injury, claim number, and proof of other disability awarded payment amounts.

☐   Names and dates of birth of your minor children and your spouse.

☐   Dates of marriages and divorces.

☐   Checking or savings account number, including the bank's 9-digit routing number, if you want Direct Deposit for your benefit checks.

☐   Name, address, and phone number of a person we can contact if we are unable to get in touch with you.

☐   If a medical release Form SSA-827 (Authorization to Disclose Information to the Social Security Administration) was included with this package, please **complete**

(sign and date with witness signature) **and** return it as directed.

☐   If unable to file online, **complete** the "Medical and Job Worksheet-Adult" and **bring** to your interview.

Bring the Checklist items and information to your appointment or have them with you if your appointment is by telephone.

Do not delay filing your application, even if you do not have all of the information.